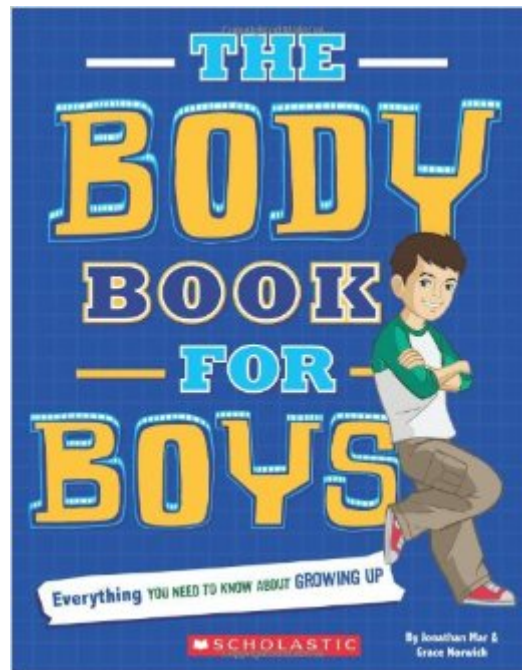


The book was found

The Body Book For Boys



Synopsis

The essential guide to growing up for boys! A must-have book for boys looking for straightforward advice about their changing bodies and growing up. There are answers to questions about everything from shaving, vocal changes, bad breath, smelly feet, braces, and acne, to school, sports, girls, friends, family, and more. The Body Book For Boys is complete with tips, quizzes, Q&As, and all of the essential info boys need to know.

Book Information

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Average Customer Review: 4.5 out of 5 stars [See all reviews](#) (122 customer reviews)

Best Sellers Rank: #20,237 in Books (See Top 100 in Books) #5 in [Books > Teens > Personal Health > Maturing](#) #123 in [Books > Parenting & Relationships > Parenting > Early Childhood](#)

Customer Reviews

The tone of this book is overwhelmingly "cool." Peppered with phrases like "duh!" and "What's the diff?", the book sounds like a caricature of a young teen. My 11 year old was distracted and annoyed. He also is not interested in topics such as hair gel, Q-tips, or the best shape of glasses frames for his oval face. I'm going to look for a book that is more straightforward and informative about what he needs to know now.

Boys often want to know what happens to their bodies as they grow. This quick reference guide provides answers in a straight talk factual manner. The table of contents list details for each chapter covered along with an age time line for quick reference. Each stage of puberty is covered with pictures and terminology so readers can understand the specifics of their changing body without feeling overwhelmed. There are plenty of recommendations for products and foods to help readers keep themselves healthy and groomed. At the end of each chapter readers can take a quick quiz to test their knowledge. Answers to quizzes are there too so the reader can check their accuracy. Readers are encouraged to ask parents and their family doctor questions. Bullying has been a

touchy subject in the past, it is covered in a strategic manner to help the reader learn how to handle a bully. Mar and Norwich do a fabulous job of covering this topic from the sensitive to the general. All questions are answered about a boys changing body and what he can expect at a certain age. Parents and teachers can use this as a guide to introduce boys to their bodies in a manner that won't embarrass or hinder the reader from asking questions

I got this for my 11-year-old son along with "What's Going On Down There"-- the latter was the winner of the two. This book is very general and does not go into enough detail about human reproduction. Maybe a good start for younger kids, though.

The information in this book is great...for the most part. I liked the set-up of the book and that the information wasn't *too* adult for a pre-teen. However, the parts on body image and healthy habits gets rather preachy and body-shame-y. Many pre-teens and teens tend to gain weight, get a bit chubby, and then shoot up. This book (unlike some of the others I got) makes all this sound completely abnormal, when, in reality, this is a fairly normal part of human development for boys and girls. The book relies on the BMI scale to judge health. Not only this, but at a time when these kids are feeling such turmoil and uncertainty about their bodies, is now the time to start shaming them for being "fat"? I much preferred the American Medical Association's book for boys. They, too, have a chapter on body image and healthy habits, but the information is factual and reminds boys that their bodies will change rapidly over the next few years.

We got this for our 12 yr old mildly autistic son. I researched many books before buying and this came highly rated. The information was clear and written in a way that he could understand. Very helpful!

I bought this book for my 11 year old son after his yearly check up. He had already raised several questions about the changes he was going through and this visit brought even more. I'm a single mom with no brothers so had no points of reference for these discussions! I think I'd been "winging it" pretty good but I knew the questions would get more...challenging. His pediatrician had a book listed on the information she gave us but it went into certain aspects I didn't think he was quite ready for. We'd already had "the talk" and he was mostly wanting to know about the physical changes his body had begun to go through. We actually sat and flipped through the book together when it arrived. The layout is great for a preteen with drawings and bullet points and a few quizzes. He

keeps the book in his room and has mentioned referring to it several times. We've even used it as a jumping off point for some interesting talks. He says he likes having it available for some of the more embarrassing questions. I feel comfortable knowing that he is getting practical information. I know it has eased his mind about some things he thought might be "weird" but now realize are very normal. If you're looking for a book that stays away from sex and may not follow your family's particular values, this one is great!

I've read this book(mom) but my son(11) can't bring himself to open it. I thought it covered the topics that, as a mom, might be too embarrassing for my son to talk to me about. I had thoughts on topics I should be discussing with my son before I bought this book. It has the answers for him as well as when he needs to talk to an adult about some issues. It does not talk about sex(GOOD.) It does show boys developmental stages(OK shows that it is normal.) Great book!

I purchased this book for my nine year old son because his doctor told him he had started puberty and things would start changing. He has was actually excited and wanted to know everything about puberty and what was going to happen. Its not really a topic you want them researching online so I started looking for books. I came across this book and he loves it! He will say, "mom did you know....?" It has a lot of great info for them about what is happening and what will happen. I feel great knowing he is getting actual information and not what 'Johnny' thinks is happening.

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